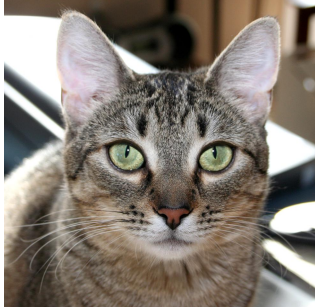


Why adopt a cat?

Everyone knows that pets can reduce your blood pressure and help prevent heart disease. But cats can provide benefits that other pets can't. Here are some other reasons to adopt a cat:



Having a cat fights depression and loneliness

Cats are entertaining to watch and fun to play with

Cats provide companionship

Cats will cuddle up with you on a cold evening

Cats are independent and can be left

alone while you're at work

A cat's mere presence will ward off unwanted mice and pests

Cats are comfortable in small spaces like apartments

Cats are very clean; they bathe themselves!

A cat's purr is instantly calming and relaxing

Cats are affectionate

Just 15 minutes a day of playing with you will satisfy a cat

Cats are easy to house train, especially adult cats, who are probably already house trained

Cats bring a little bit of the wild into your house

Indoor cats and spayed/neutered cats live long lives, providing up to 20 years of companionship

Cats are cheaper to spay/neuter than dogs, especially big dogs

Taking care of a cat can help teach a child responsibility and humane values

Lots of cats need good homes; when you adopt one, you're saving a life!

